

# **Central New York Sailing Association Annual Regatta**

**The CNY Lightning District Championship  
2008 District 9 Laser Championship  
US Sailing Doublehanded Championship Qualifier (Bemis)  
US Sailing Singlehanded Championship Qualifier (Smythe)**

**Sailing Instructions  
Sodus Bay Yacht Club, Sodus Point, NY  
July 13 - 14, 2008**

## **1. ORGANIZING AUTHORITY**

This regatta is organized the Sodus Bay Yacht Club, (SBYC) Sodus Point, N.Y.

## **2. RULES**

This regatta will be governed by the International Sailing Federation (ISAF) *Racing Rules of Sailing 2005 – 2008* (RRS), except as modified by these sailing instructions.

## **3. NOTICE TO COMPETITORS**

Notices to competitors will be posted on the official notice board located outside the SBYC club house on the west patio.

## **4. CHANGES MADE TO THESE SAILING INSTRUCTIONS**

Any change to these sailing instructions will be posted as a notice before 0900 on the day it takes place, except that a change to the schedule of races will be posted as a notice by 1700 on the day before it is to take place.

## **5. SIGNALS MADE ASHORE**

Signals made ashore will be displayed at the SBYC club house flag pole.

## **6. SCHEDULE OF REGATTA & RACING**

Friday July 11, 2008

Pre-Registration at SBJSA Sailing Center

1830-2100

Saturday, July 12, 2008

0700-1000 Registration and Coffee and Doughnuts

1030 Skipper's Meeting (**Optis**)

1045 Skippers Meeting (**All other boats**)

1145 1st Race Warning Signal

Additional Races Will Follow Immediately in the Afternoon

Sunday, July 13, 2008

1030 4th Race Warning Signal

Additional Races Will Follow Immediately

On the last day of the regatta, no warning signal will be made after 1230.

## **7. RACING AREA**

Lightning, Ideal 18, 420s will race in the "Lake" on Saturday and Sunday. Optis and Laser courses will be established on the "Bay" for both days. Weather permitting modifications to these course locations will be posted on the Official Notice Board.

## **8. THE COURSES**

a. All races shall be Windward / Leeward courses. The number of legs shall be determined by the Race Committee (RC). The number of times around the course for each race will be marked on a

board on the stern of the committee boat.

b. All marks shall be left to port.

c. No later than the warning signal, the RC boat shall display the approximate compass bearing from the leeward mark to mark 1.

#### **9. MARKS**

a. Marks (1, 2, 3, 4, 5, 6, starting, and offset) shall be orange Tetrahedrons.

b. New marks, as provided in instruction 11, shall be yellow spheres with a black band.

#### **10. THE START**

a. Races shall be started using RRS Rule 26, with the warning signal given five minutes before the starting signal.

b. The starting line shall be between the RC boat and a mark.

c. A boat that starts more than five minutes after her starting signal, shall be scored, "DNS." This instruction changes RRS Appendix A4.1.

#### **11. CHANGING THE POSITION OF THE NEXT MARK**

a. To change the position of the next mark, the RC shall lay a new mark (or move the finish line) and remove the original mark as soon as it is practicable. The change will be signaled before the leading boat has begun the new leg of the race, even if the new mark is not yet in position.

b. Any mark to be rounded after rounding the new mark may be relocated to maintain the course configuration without further signaling.

c. When a subsequent change is made, the new mark shall be replaced by the original mark.

#### **12. THE FINISH**

The finish line shall be between the RC boat and an orange sphere.

#### **13. PENALTY SYSTEM**

a. The penalties imposed on the competitors shall be those described in the RRS 44.1, 44.2, and 44.4, except:

b. A boat that infringes the RRS while her spinnaker is drawing may drop her spinnaker completely below the gooseneck, take one penalty turn of 360°, and then re-hoist her spinnaker and continue racing. This instruction modifies RRS 44.2.

c. As provided in RRS 67, the protest committee may, without a hearing, penalize a boat for violating RRS 42.

#### **14. PROPULSION**

a. On a free leg of the course when surfing (rapid acceleration down the leeward side of a wave) or planning is possible, a boat's crew may initiate surfing or planning by pumping the sheet, but not the guy controlling any sail, once only for each wave or gust of wind. This instruction modifies RRS 42.3 (c).

b. When the mainsail is pumped, only that part of the mainsheet between the crew member handling the mainsheet and the first block on the boom may be used.

#### **15. TIME LIMITS**

a. Race—The time limit for the first boat to finish a race shall be two (1) hours. If no boat completes two legs of the course in one hour and thirty minutes (1:30), then that race shall be abandoned and re-sailed.

b. Any boat that finishes more than thirty (30) minutes after the first boat in a race finishes shall be scored, "DNF." This instruction modifies RRS 35 and Appendix A 4.1.

c. Regatta—All regularly scheduled, abandoned, or postponed races not started by 1:30 on Sunday shall be abandoned, the regatta terminated, and scored on the basis of the race or races

completed. A race is deemed to have been started by the deadline if the original start occurred prior to the deadline, regardless of subsequent recalls.

#### **16. PROTESTS AND REQUESTS FOR REDRESS**

- a. Protest forms shall be available at the SBYC club house. All protest forms shall be submitted to the RC at the SBYC club house within the time limit.
  - b. The protest and redress time limit shall be one (1) hour after the RC reaches the dock, and signals with one long signal. The same time limit applies to all protests by the RC. This instruction modifies RRS 61.3 and 62.2.
  - c. Notices shall be posted within thirty (30) minutes of the protest time limit to inform competitors of hearings to which they are a party or named as a witness.
  - d. Notices of protests by the RC shall be posted to inform competitors under RRS 61.1 (b).
- e. Decisions of the protest committee shall be final, as provided by RRS 70.4.

#### **17. SCORING**

- a. Abbreviations used for scoring shall be in accordance with RRS Appendix A 11.
- b. Each boat finishing a race and not thereafter retiring or being disqualified shall be receive a number of points equal to her finishing position, i.e., the first boat receives one point, the second boat receives two points, and so on. “DNC,” “DNS,” “DNF,” and “RAF” shall receive a score equal to one more, and “OCS,” “DNE,” “BFD,” and “DSQ” shall receive a score equal to two more than the number of boats eligible to start in any race of the regatta. “RDG” shall receive a score equal to the finishing position awarded to her after a hearing for request of redress.
- c. Each boat’s total score shall be the sum of her scores for only those races completed and not abandoned under instruction 15 (b).

#### **18. TIES**

- a. Boats which tie in a single race shall each receive a score equal to the number of points of the best finish position involved. The position(s) immediately after shall remain vacant. For example, if two boats tie for first, then each shall receive one point and the next finisher shall receive three points. This instruction modifies RRS Appendix A 7.
- b. When there is a tie in total points between two or more competitors at the end of the regatta, the tie shall be broken in favor of the boat or boats with the most first places, and when a tie remains, the most second places, and so on. When a tie still remains, the tie shall be broken in favor of the boat that beats the other(s) in the last untied race of the series. All races, including those possibly excluded in calculating total scores in accordance with instruction 17 (c) shall be considered for the purpose of breaking ties. This instruction modifies RRS Appendix A 8.2.

#### **19. SAFETY REGULATIONS**

Each boat shall carry safety equipment conforming to government regulations, ILCA rules, US Sailing rules, and ISAF rules.

#### **20. HAUL-OUT RESTRICTIONS**

Lasers are permitted to haul-out during the regatta. All other boats must remain in the water for the duration of the regatta.

**21. PRIZES**

Prizes shall be given to the skipper and crew of the top four finishers.

**22. DISCLAIMER OF LIABILITY**

The Sodus Bay Yacht Club, The Sodus Bay Jr. Sailing Association or any of their respective authorized agents, disclaim, jointly and severally, any and all liability for any material damage, personal injury, or death sustained as result of competing in this regatta or in any way incident thereto. Competitors, as a condition of their participation, shall participate in this regatta entirely at their own risk.